



FEAR MANAGEMENT

Fear as the *Greatest Version of You* should just take your breath away! It truly is standing in the gate for your gold medal! So when you consciously choose that this staff meeting, this discussion with a loved one, this session in the gym... *whatever* you choose to approach as the *Greatest Version of You*... is breathtaking! It is pure adrenaline! It is Greatness! You don't just get Greatness when you make a great speech or make a great sale or create a great moment. You *must* live this pattern... we know that is what Great People do to achieve their Great Outcomes. It is the Level 10 life we discussed as an earlier tool. It is the sonic boom of Greatness! (and then only silence and calm....!)

What are your greatest fears as the *Greatest Version of You* as you work through this chapter? (it may feel like you have answered this one already, but you need you to now answer it as the *Greatest Version of You*... make sure you are *associated* there.

What are your fears now?

Write down five great strategies for you to have prepared when this fear sets in, righteously so, when you have committed to the dizzying heights of Greatness, to the Trapeze that is not there. What will you think... feel... and do... to stay the course as the *Greatest Version of You*?

1. _____



2. _____

3. _____

4. _____

5. _____

Rewrite your identity statement here, strengthening it one last time, as the ***Greatest Version of You***. Know who you must be, how you must show up, to handle these fears, and still grab all your Greatness:

