



I CHOOSE ACTION

Introduction

While most of you are pretty good at “building,” i.e., you *have* built your current life, and if you are even here, it is far likely that on your worst day, you’re still above average... and we have spent *a lot* of time getting to the last section of redesigning your blueprint with authenticity and true power. So it is vital that the third column You, that unbelievable, extraordinary, magical You from the third column, has a matching, equally spectacular construction plan which will allow you to *act* as that person – take those crucial steps to complete the process.

So we are at the Ninth Verb... Act... or Take Action. Therefore, download the “I Choose Action” exercise, this is the document that you will now create, *and schedule*, onto your daily calendar and other daily tracking systems.

Master Builder

Your blueprint for the Taj Mahal is done! (That was the ICM form, last section.)

For your ease, column three of your ICM form becomes column one of the ICA form.

This allows the ICA to become a more stand-alone document, one that you travel with – thumb-through over and over again – and it guides much of your daily, weekly, and longer choices!

You have the blueprint in column one to inspire you.

Column two in the ICA form is the combination of SMART goals and outcomes, congruent steps, all nine verbs, all five senses, completed Toward-motivated programs, a GVOY completed action plan with any appropriate sub-steps.

Whew! I know that is a mouthful and may seem a bit daunting... but by embracing a new, powerful You, you *will* get more and more conscious competence at *planning* an incredible, magical, You everyday... and not for everything, but certainly those Level 10 commitments that you have made for that time period... It is well known that for most of you, the deeper truth is that you overestimate what you can do in a shorter time frame (a year, for example,) and underestimate what you can do in a longer time frame (five years).

The psychology of that should now be clear – by overwhelming yourself with New Year resolutions, for example, and putting down everything that is wrong with you and that you wish to fix, it is *not Realistic* (the “R” in SMART) *and*, when the GVO Y shows up to storm your life, building according to an incredible Taj Mahal blueprint, you do get big chunks done, and done at a Level 10. (Plus, the motivation to “fix” you is gone... you aren’t broken!)



Column three is used at the planning intervals that you indicated in column two.

- Did I complete this step? Why or why not? (Poor planning? Unexpected obstacle? Lack of resources? What happened?)
- How *well* did I do it? (Level 10? GVO Y?)
- How might I improve it?
- How should I modify it?
- Is it blocked and scheduled on my calendar?
- What do I need to do to get it done?

From the inside-out, you have designed this Taj Mahal experience in the I Choose Meaning form. You have taken all these tools - the SMART goals and outcomes, the Plan and Execute tool, the nine verbs, the Greatest Version of, the Towards patterns. All of this is now wrapped up into this incredible action plan. EVER Y week you are going to sit down with this, and you're going to in-flight correct.