Take the Next Step!

So you have worked through the ICM. You now know WHY you were how you were. You have chosen from a powerful design matrix WHO you wish to be. Now you must begin to ACT in accordance with this blueprint. Tools that we have discussed that impact this include S.M.A.R.T. goals and outcomes, R=aEt, the Towards Metaprogram, positive neural command sequences, anchoring, and more. We have discussed that fear goes up, but it is a righteous, powerful fear from a NEW place. But it is still fear. Be bold! Choose the detailed, inspired actions you MUST take to be the NEW YOU!

My Life: I Choose the Actions Congruent with My Truth

The New Design/New Meaning = New Reality (lifted exactly from the ICM)	The New Inspired, Detailed ACTIONS that are congruent to the New Blueprint	Follow up: Did your actions work? Why or why not? What are your "in-flight" corrections? Are they ***scheduled*** on your calendar?