



LIFE 54.0

Is your basic operating system running the most updated software or still relying on old programs? Could a firewall be too loose, letting junk in – or too tight, blocking useful data? Perhaps it is time to reboot, rewire, or reprogram, replacing pain and failure with the new Success module.

First off, think of this: while I disagree with a significant amount of current psychology, I also agree with a lot of it. (*Obviously one of my secrets is to know which to agree and which to disagree by studying the latest research and studies of the human mind, and you should too, but that is another topic...*) So one point I am in agreement with is the fact that children are fairly programmed and done and “baked in” by the age of five. So what age were you five years old?

What age was the same gender parent for you? Got those numbers? Ok, for me, I was five in 1961 and my father was five in 1926. What that means is that until I consciously chose to transform my “programming,” I was trying to succeed in 2011 running Windows 61, installed by a technician versed in Windows 26! That is why succeeding sometimes is so darn hard!

What are the key elements of *your* “Windows” software load?

Did you understand the power of the metaphor that you can be represented by software? Answer this fast series of questions to get a better grasp on you:

When a PC gets goofy, the first thing anyone does is “reboot.” How do you reboot you?

If that doesn’t work, how do you “reload” your software?



If you choose to look deeply at the cause of why your software is not working, do you know how to pinpoint the “corrupted line of code?” Why or why not?

The audio section makes the case that your “reality” is based on your Windows basic software tempered by life, hence, the “Life xx” number (xx becomes the years of your life.) What is the truth of the you? What software load are you really on? Why?

What if you changed your fear and anxiety from “I am going to get screwed” to anxiety and adrenaline that you are **not** going to get your Gold Medal? How would your motivation shift?

- Facebook, January 12, 2008

More importantly, we *all* tend to run one version of software when we are safe or not challenged, and another, usually lower one, when threatened or trying to grow. Does your software load change when you are troubled? How?

If you wanted to upgrade you, how do you think that you might do that now? (We will cover *lots* more of this later, but I want you to capture where you are now.)
