



# THE PERSONALITY ASSESSMENT “ILLUSION”!

Did the personality assessment myth resonate with you?

Yes/No \_\_\_\_\_ Why or why not?

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Have you done a personality assessment before and felt gratified because it had value to you? Or did you do one and feel depressed because you didn't like what you perceived to be the truth of your personality? Journal on this.

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If you were to design a new personality profile for yourself, what would it say? What would it look like? Who would you be?

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