



# THE PSYCHOLOGICAL CYCLE OF LIFE

To begin to build your Taj Mahal, your *Greatest Version of You*, it is vital to first understand how all this psychology that we have been working on, comes together. Refer to picture on page 155. Life is nothing more, really, than the psychology, which drives the programs that create reality that cause you to select the actions that you do. (Whew, that is a mouthful! And vital for you to absorb and understand.) As new psychology drives new programs which in turn, drives new actions, fear begins to rise which leads to the new blue print and the *New You*! Simple, yes?

People  
who want  
life to be safe  
or to manage  
their fear/anxiety are  
upside-down. To have what  
great people have, you must  
understand life is a rollercoaster and  
after going around, scared to death,  
(and now safe,) you jump off it, and get back  
in line, shaking with adrenaline, shouting "Do it  
again! DO IT AGAIN!"  
- Facebook, July 16, 2010

What were your success models? Did you consider your success models upside down?

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When you contemplate the *Greatest Version of You*, what obstacles stand in your way?

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Do you have strategies to overcome those obstacles? What have you done in the past? What worked for you? What didn't work for you?

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What are your fear(s) around the *Greatest Version of You*?

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What are your Truths around the *Greatest Version of You*?

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Are *you* set? Are *you* excited? Does the ***Greatest Version of You*** create adrenaline of life or adrenaline of death? Why or why not?

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