



TURN THE LIGHT ON

Many of these questions have the same form, they just come in a different set of clothes or a different set of details, or they look differently.

“Turn the light on” is similar to “Turn the bus around,” but, unlike the bus, turning the light on is a singular act. It floods the room with light even if the room has been dark for 40 years. And don’t pretend that a darkened light bulb has no value to you.

The next set of questions is designed to help you understand that the person who told you your light switch didn’t work – or taped your light switch down – or in the darkness of this room also didn’t know where the light switch was – This person who allowed you, forced you, blocked you from turning on the light – was not evil-spirited. That person simply did not know differently.

Most importantly, as in the **Old You** segments – recognize the fact that this person simply did not know and was doing the best he or she could. Love that fact, laugh at that fact, be grateful about that fact – and release that fact. It’s never too late to have a happy childhood!

Find the happiness – the half-full – that existed in that dark room. This will become your new – and your greatest – most powerful memory or set of memories.

Client: “I am afraid of the dark...”

Me: “Are you sure? Perhaps you are afraid of the light, and the reality is that the dark is comfortable. You know it well.”

Client: “But if I turn it on, what is my excuse being in the dark tomorrow?”



- Facebook, June 10, 2009

Most importantly, do you know where the light switch is? Have you decided? Are you committed to turning it on? How will you turn that light on? (Perhaps your light switch is signing up for a new course, going on a job interview, or asking that special person out that you are sure will reject you.)

And crucially – vitally – important: What will this room look like tomorrow morning when you wake up? What will you say, think, feel, do with that light?

Thus, we end the “Transitional Bridge.” I have worked very hard for you to find your bridge to your future... to the future New You or the Greatest Version of You! Realize that it is a bridge first! Once you begin to cross... never look back. Follow your Truth, follow your Dreams... that lead you to your Greatness! Trust that your bridge will get you started and get you there!