



VALUES AND RULES

Here is a powerful tool: what you value most, and more importantly, the rules by which you get what you value most (often harder for many, thus minimizing getting what you want!), vs. the rules by which you avoid what you don't want (often easier for many, thus maximizing getting what you don't want). Does this make any sense as to why we would do this?

Wouldn't we want to make what we desire most, easy to get? And then, wouldn't we want to make what we desire least, hard to get?

Take one of your "towards" values from your MOW. Look at the rules that you wrote for how you get that value. Most often, many have the rules for it, not under their control, and it depends on someone else or something else happening that they have no control of, to occur in order for them to experience what they want. Additionally, in order for that value to occur, all the rules are connected with "and."

Now take one of your "away" values. The rules for this occurring is easier, more controllable, and connected by "or's."

Rewrite those rules now – make it easy to get what you want and hard to get what you don't want. The **New You** will find this easy to do!

Towards Value:

New You rules:

1. _____

2. _____

3. _____

4. _____

5. _____



Away Value:

New You rules:

1. _____

2. _____

3. _____

4. _____

5. _____

So we come to the end of the *New You* section. I hope that you are sizzling with power, buzzing with the anticipation of continuing, really feeling authentic potentiality lighting up your life like those runway lights that blink rapidly in sequence. That is who you really are! A powerful, spiritual being having this human journey. I have worked very hard and very consciously to assist you, perhaps for the first time, to really experience your potential... to *know* why you have struggled in the past for your Greatness, and now, to see clearly how to tap into it.

I hope that you have done the exercises at Level 10! If you have not, really go back and work the sections that you missed. We are now going to go the third seat at the table... the ***Greatest Version of You!*** When we debunked the *Old You*, and then we built a Transitional Bridge to the *New You*, and gave you New Reality, New Consciousness, and the New Tools to make that real, you should have begun vibrating with genuine potential. Do not enjoy this place too long... it is time to shift again!