

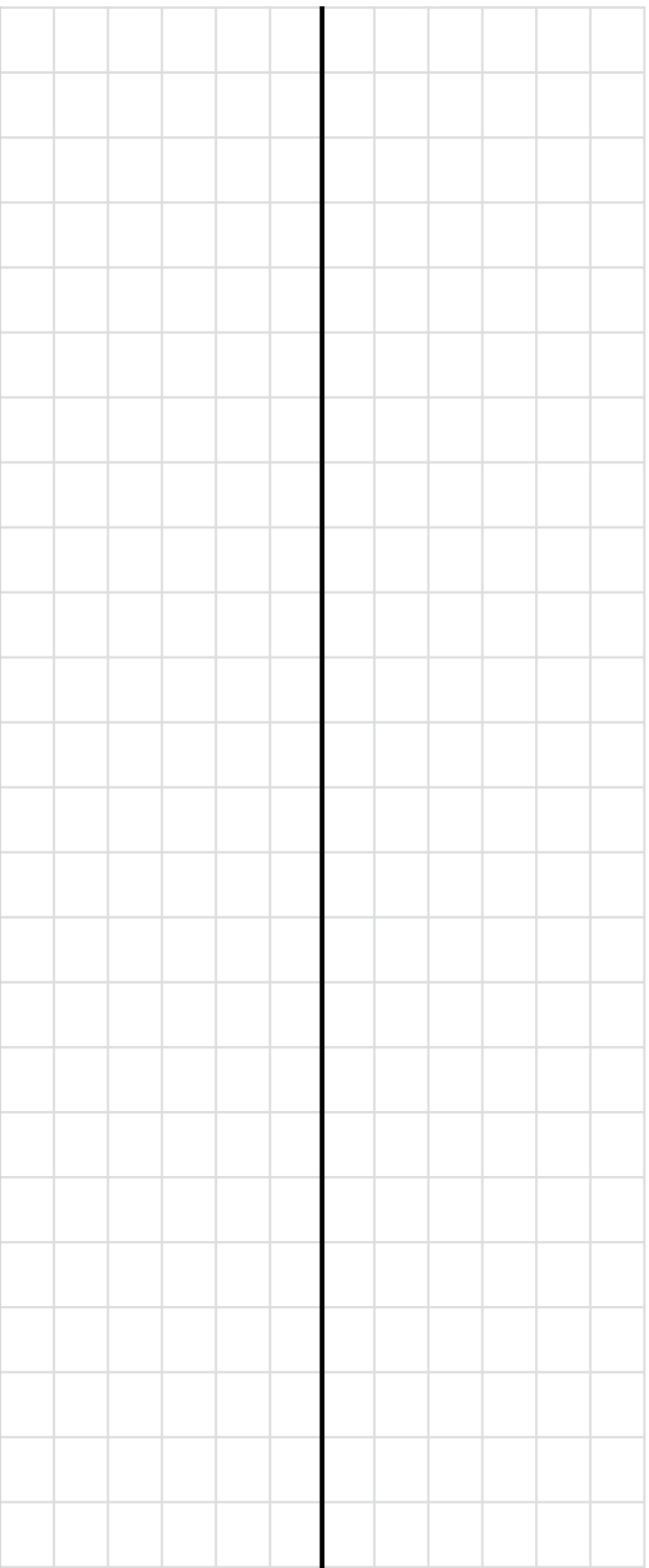
# Formula Timeline

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Plot by 30 minute increments your ask, your EIM, and the time you spend doing it

**Ask (+)**

10



Time

10

**Ask (-)**

12  
hours